

# Defying the Gravity of Transmitted Trauma:

A CHILD RELATIONAL THERAPIST'S WORK

Laurel Silber, Psy.D. and Aleisa Myles, Psy.D.

#### **OVERVIEW**

Ghosts haunting the intergenerational intersubjective space of parents and children need busting. But how to spot them? What models are in the mind of child relational therapists to recognize a ghost when they don't see it? This program will be delineating the relational developmental problem by appreciating the intersecting non-linear dynamics: a child's subjective position and how play informs the therapeutic action and direction, parental subjectivity and implication in transmitting trauma, how these parts are linked and inform the bi-directional developmental process in the context of cultural transmission processes. It is layered, but a hint: in the linking is the potential busting. The child relational therapist holds the dynamic system in mind to recognize enactments and create possibilities for change. We will be illustrating the work with some brief clinical vignettes and welcome discussion. Dynamic discussion is defying the gravity of the moment.

#### AT A GLANCE

**DATE:** March 2, 2024

TIME: Registration: 8:30am - 9:00am EST

Hot Breakfast and Community:

9:00am - 9:30am EST

Program: 9:30am - 1:00pm EST

LOCATION: African American Museum

in Philadelphia

701 Arch St, Philadelphia, PA 19106

CEU: 3 CE Credits

#### **FEES & DETAILS**

- PSPP Member, Licensed professionals \$60
- Non-member, Licensed professionals \$75
- PSPP Member, Early career professionals \$30
- Non-member, Early career professionals \$45

  (Early career professionals defined by being within 7 years of licensure.)
- Graduate Students \$15

Fees include a hot breakfast buffet, tea/coffee/soda, and processing of CE credits. All fees are refundable until the start of the event. We encourage you to cancel if unwell.

#### LEARNING OBJECTIVES

- 1. Participants will be able to define the problem of transgenerational transmitted trauma.
- 2. Participants will define what child relational psychotherapy is.
- 3. Participants will be able to see the value of psychotherapeutic play to child relational work.



# Defying the Gravity of Transmitted Trauma:

A CHILD RELATIONAL THERAPIST'S WORK

### LAUREL SILBER, PSY.D.

Affiliated with Institute for Relational Psychoanalysis of Philadelphia

Laurel M. Silber, Psy.D. was one of our former presidents of PSPP and she has been an active member since its inception. Laurel has been practicing with children and their families in Bryn Mawr, teaching and supervising for many years. She has joined the Board of the Institute for Relational Psychoanalysis of Philadelphia and co-created a child relational psychotherapy program with the existing adult training. Her publications have been in the subject areas of intergenerational transmission of trauma (i.e. ghostbusting transgenerational processes), childism (i.e. A view from the margins, children in relational psychoanalysis), play (i.e. Play for a change, Reimagining Humpty Dumpty with the therapeutic action of play) and gender (i.e. Locating rupture encrypted in gender). Her ideas in these areas grew in the context of this community and she takes pleasure in joining us to discuss them.

### **ALEISA MYLES, PSY.D.**

Aleisa Myles, Psy.D., is a clinical psychologist in private practice and a candidate in adult and child/family psychoanalysis at the Institute for Relational Psychoanalysis of Philadelphia. Her writings have focused on the typically unrecognized oppression of children and young people, known as childism, and the power structure of magnarchy based on distance from vulnerability. Aleisa has led and co-led workshops and courses on racism, diversity, and power relations in clinical process. She has also served for over a decade as a grassroots environmental and social justice community organizer.

SPPP (Division 39) is approved by the American Psychological Association to sponsor continuing education for psychologists. SPPP maintains responsibility for this program and its content.

This program, when attended in its entirety, is available for 3 continuing education ccredits. SPPP is committed to accessibility and non-discrimination in its continuing education activities. SPPP is also committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If a program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns, and any complaints to Adrian Chiu at (267) 702-4862. There is no commercial support for this program nor are there any relationships between the CE Sponsor, presenting organization, presenter, program content, research, grants, or other funding that could reasonably be construed as conflicts of interest. Participants will be informed of the utility/validity of the content/approach discussed (including the basis for the statements about validity/utility), as well as the limitations of the approach and most commong (and severe) risks, if any, associated with the program's content.